










Redondo Beach Unified School District  
*Yellow Ribbon Week*  
**Great Kindness Challenge**  
*January 22 - 26, 2018*

Monday, January 22	Tuesday, January 23	Wednesday, January 24	Thursday, January 25	Friday, January 26
<p><b>Theme:</b></p> <p><b>Compliment Day!</b></p>	<p><b>Theme:</b></p> <p><b>Random Acts of Kindness Day!</b></p>	<p><b>Theme:</b></p> <p><b>Make a New Friend Day!</b></p>	<p><b>Theme:</b></p> <p><b>Be Kind to Yourself Day!</b></p>	<p><b>Theme:</b></p> <p><b>Be an Upstander Day!</b></p>
<p><b>Activities:</b></p> <ul style="list-style-type: none"> <li>* Sincerely compliment 5 people</li> <li>* Say good morning or hello to 3 people</li> </ul>  <ul style="list-style-type: none"> <li>* Smile intentionally throughout the day</li> </ul>  <ul style="list-style-type: none"> <li>* Tell someone to have a great day</li> </ul>	<p><b>Activities:</b></p> <ul style="list-style-type: none"> <li>* Write a thank you note to someone who has done something nice for you</li> </ul>  <ul style="list-style-type: none"> <li>* Give someone in your family a hug</li> </ul>  <ul style="list-style-type: none"> <li>* Notice what someone needs and find a way to be helpful</li> </ul>	<p><b>Activities:</b></p> <ul style="list-style-type: none"> <li>* Give 3 people a high five and tell them good job for something</li> </ul>  <ul style="list-style-type: none"> <li>* Sit by someone new at lunch</li> <li>* Invite someone new to play with you at recess</li> </ul> 	<p><b>Activities:</b></p> <ul style="list-style-type: none"> <li>* Think of 3 things you have done well lately</li> </ul>  <ul style="list-style-type: none"> <li>* Look in the mirror and compliment yourself</li> <li>* Respect yourself and others. Show your school spirit and wear <i>The Character Counts!</i> color for respect, yellow</li> </ul> 	<p><b>Activities:</b></p> <ul style="list-style-type: none"> <li>* Words have power: use your words to inspire or bring joy to someone</li> <li>* Put-up a Put-down: No Name Calling</li> </ul>  <ul style="list-style-type: none"> <li>* Stand up for someone being teased</li> <li>* Be a Good Sport</li> </ul> <p style="text-align: center;"><b>I can BEE a GOOD SPORT</b></p> <p>by not getting angry if defeated at something, or boasting if I win at something.</p> 